# Dr Arun Prasad, FRCS (UK), FRCSEd, FACS

MS (MAMC) MBBS (AFMC)
Senior General, GI & Bariatric Surgeon
Apollo Hospitals, New Delhi
Specializing in Laparoscopy, VATS Thoracoscopy, Endoscopic and Robotic Surgery
Former President of Obesity Surgery Society of India (OSSI)

#### **INTRODUCTION**

35 years of experience as a surgeon makes him one of the most experienced surgeons in India and Globally doing laparoscopy (1990), advanced laparoscopy (1997), single incision laparoscopy (2010), bariatric surgery (2004), robotic surgery (2012) and bariatric endoscope (2018)

Medical graduate from the prestigious Armed Forces Medical College, Pune. He did his masters in surgery from Maulana Azad Medical College, New Delhi in 1988 and went to UK for higher surgical training in GI surgery.

There after doing FRCS in 1990, he worked at Charing Cross Medical School, London and associated hospitals. Laparoscopic surgery was started by his team at that hospital.

On his return from UK in 1996, he joined Apollo Hospitals as one of the youngest senior consultants. He was also conferred with the prestigious FACS (USA) in 2019.

Pioneer in laparoscopy in UK and India. 1<sup>st</sup> generation for Advanced GI laparoscopy, Thoracoscopy, SILS, Bariatric Endoscopy & Surgery and Robotic Surgery in India with many 1<sup>st</sup> surgeries.

## Academics and training

Trainer and examiner for post graduate courses of India and UK. Invited faculty at numerous national and international meetings with many publications in peer reviewed journals.

- Former President of Obesity surgery society of India (OSSI), affiliated to International Federation for Surgery of Obesity (IFSO)
- Former vice president Indian association of gastro endoscopic surgeons (IAGES).
- Faculty at multiple International conferences of Laparoscopic Surgery, Robotic Surgery, Bariatric Surgery – London, Montreal, Vienna, Paris, Naples, Milan, Tokyo, Hong Kong, Singapore, Germany, Spain, China etc
- Live transmission of surgery to national and international conferences showing robotic and bariatric surgery
- Organizer of Fellowship course in bariatric surgery at Mumbai, Philippines and Duke University USA on behalf of International Bariatric Club & Academy
- Organizer and Academic coordinator of over 50 courses for trauma training under the aegis of Primary Trauma Care UK

## Administration experience

- Setting up as HOD, The Department of Surgery, Manipal Hospital, New Delhi covering GI, Thoracic, Bariatric and Robotic surgery 2018-20
- Clinical and academic coordinator at Apollo Hospital (combined experience of over 15 years)
- Setting up telemedicine and CME program
- Joint Commission International (JCI) Hospital Executive Briefings with new, expanded formats at Lisbon, Portugal, 2007

### **ABOUT YOURSELF:**

Keen cricketer and photographer. Traveled across the world and adventure sports enthusiast. Having done Scuba Diving, Sky Diving, Bungee Jumping, Para Gliding etc in India, Asia, Europe and America.

PUBLICATIONS (Selected recent out of over 100 total publications):

- 1. Robotic One Anastomosis (Omega Loop / Mini) Gastric Bypass For Morbid Obesity. Journal of Robotic Surgery, December 2014; 8 (4): 371-374, http://link.springer.com/article/10.1007%2Fs11701-014-0480-1
- 2. The BMJ Awards India: And the winners are . . . robotic spinal surgery, hospital stewardship of antibiotics, and primary care for hill tribes, BMJ 2014; 349 doi: http://dx.doi.org/10.1136/bmj.g5803(Published 24 September 2014) Cite this as: BMJ 2014;349:g5803
- 3. Robotic Single Anastomosis (Mini) Gastric Bypass, Obes Surg (2014) 24:1190, DOI 10.1007/s11695-014-1292-0
- 4. Totally robotic gastric bypass using modified Lonroth technique, Arun Prasad, Jayashree Todkar, Obes Surg (2015) 25 (Suppl 1):S38–S39, DOI 10.1007/s11695-015-1750-3
- 5. Robotic assisted Roux-en-Y hepaticojejunostomy in a post-cholecystectomy type E2 bile duct injury. World J Gastroenterol 2015; 21(6): 1703-1706
- 6. Robotic surgery for hiatus hernia in super obese. The World Journal of Hernia and Abdominal Wall Surgery 2015; 19 (1): 15
- 7. Role of VATS in Management of Pulmonary Hydatid and Follow Up: A Case Series". Aggarwal N, Prasad A et al. EC Pulmonology and Respiratory Medicine 7.10 (2018): 714-720
- 8. Robotic Minigastric bypass. Prasad A. Page 171-179; Essentials of Mini One Anastomosis Gastric Bypass. 2018. https://link.springer.com/book/10.1007%2F978-3-319-76177-0.
- 9. Weight Regain After Bariatric Surgery—A Multicentre Study of 9617 Patients from Indian Bariatric Surgery Outcome Reporting Group Acknowledged as contributor in published study Baig, S.J., Priya, P., Mahawar, K.K. et al. OBES SURG (2019) 29: 1583. https://doi.org/10.1007/s11695-019-03734-6
- 10. Standardization of Bariatric Metabolic Procedures: World Consensus Meeting Statement Acknowledged as working group member in published study Bhandari, M., Fobi, M.A.L., Buchwald, J.N., Prasad A. et al. OBES SURG (2019) 29(Suppl 4): 309. https://doi.org/10.1007/s11695-019-04032-x
- 11. One Anastomosis Gastric Bypass in Morbidly Obese Patients with BMI ≥ 50 kg/m2: a Systematic Review Comparing It with Roux-En-Y Gastric Bypass and Sleeve Gastrectomy. Parmar, C.D., Bryant, C., Luque-de-Leon, E., Prasad A. et al. OBES SURG 29, 3039–3046 (2019) doi:10.1007/s11695-019-04034-9
- 12. OSSI (Obesity and Metabolic Surgery Society of India) Guidelines for Patient and Procedure Selection for Bariatric and Metabolic Surgery. OBES SURG (2020). https://doi.org/10.1007/s11695-020-04497-1. Bhasker, A.G., Prasad, A., Raj, P.P. et al.
- 13. IFSO (International Federation for Surgery of Obesity and Metabolic Disorders) Consensus Conference Statement on One-Anastomosis Gastric Bypass (OAGB-MGB): Results of a Modified Delphi Study. OBES SURG (2020). Ramos, A.C., Chevallier, J., Mahawar, K., Prasad A et al. https://doi.org/10.1007/s11695-020-04519-y